



P.A.V.E. FORWARD / COLLEGE & YOUNG ADULTS

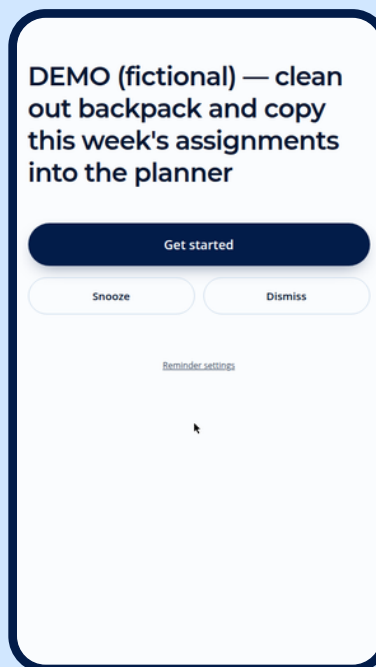
College demands independence.

Virtual executive function coaching for college-bound students and college students. Practical systems for planning, getting started and following through.

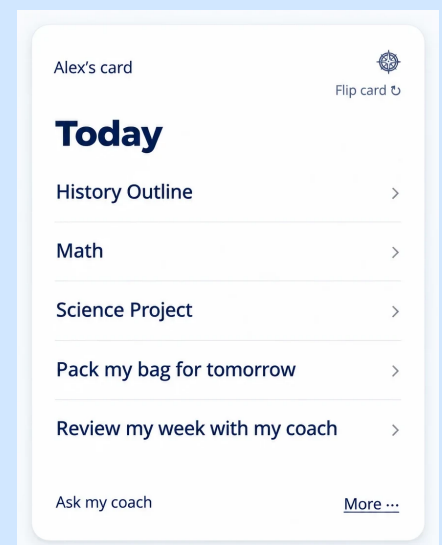
COACHING + P.A.V.E. MOBILE

Support beyond the session.

- 1 A goal the student owns.**
Start with their priorities, strengths and real-life week.
- 2 A plan on their phone.**
Turn the session into clear, manageable next steps.
- 3 A coach they can ask.**
Check progress and ask for help between sessions.



Product screen and example student plan



A clear list.
A way to ask for help.

When to share P.A.V.E.

- Understands the work, but struggles to start.
- Deadlines and commitments keep slipping through.
- Needs more student-owned structure before or at college.

Start with a free 30-minute discovery call.

pavesupport.com/college

Questions? sue@pavesupport.com



Coaching complements school and clinical support. It is not therapy, diagnosis, medical care or subject tutoring, and does not replace accommodations.